

HIGH ENERGY BILL?



We offer some **tips** for quick fixes to **help** lower your energy bill.

[VENLO.NL](https://www.venlo.nl)



FINANCIAL WORRIES?

We are happy to **help**.

 **14077** select option 1

TIPS FOR REDUCING YOUR ENERGY BILL YOURSELF



1.

Don't set your thermostat higher than 19 degrees when you're at home. An hour before you go to bed, set the thermostat to 15 degrees.



2.

Turn off the heating in the rooms you are not using right now, including the bedrooms, and keep doors closed at home.

3.

Ensure the radiator is not obstructed. Thick curtains help to keep warmth in the room, but if the curtains hang in front of the radiator, the warmth can't get into the room.



4.

Shower for a maximum of 5 minutes and use a water-saving shower head.



6.

Insulate seams and cracks with draught strips, and use a letterbox brush. But don't forget to ventilate your home to ensure a healthy indoor environment.

8.

Use LED lamps in as many places as possible. You can gradually replace the old lamps.



7.

Install radiator foil. Radiator foil ensures that warmth isn't lost through the outside wall, but stays in the room instead.

WANT TO KNOW MORE? GO TO

www.milieucentraal.nl/energiebesparen
www.zetookdeknopom.nl/tips

Want to do more to improve energy efficiency in your home? The Duurzaam Bouwloket (Sustainable Building Advice Desk) and the Goede Buren (Good Neighbours) Team can help you achieve this.

SUSTAINABLE BUILDING ADVICE DESK

The Duurzaam Bouwloket Venlo (Venlo Sustainable Building Advice Desk) is a digital energy contact desk where you can get independent free advice on:

- 1 Sustainable building and conversion
- 2 Saving energy
- 3 Generating energy
- 4 Grant and funding schemes
- 5 Finding a reliable company to carry out sustainability measures



Go to www.duurzaambouwloket.nl/venlo
077 - 359 66 69
info@duurzaambouwloket.nl



GOOD NEIGHBOURS TEAM ADVICE AT HOME

Do you live in the Municipality of Venlo? You can get free energy advice from one of our Good Neighbours. The Goede Buren (Good Neighbours) Team is completely independent.

They give advice in your own home about measures you can take to make your home more energy efficient. You can also make an appointment with the Good Neighbours Team if you rent – you don't need to be the home owner. Request a consultation at:

www.duurzaambouwloket.nl/venlo-advies-da

STILL FEELING UNSURE ABOUT THINGS?

High energy bill?

www.venlo.nl/energie



Financial worries?

www.venlo.nl/geld



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INFORMATION AND ADVICE SERVICE POINTS



If you have questions about money, your home, welfare, work, income, young people or care services, please contact one of the Information and Advice Service Points.

OP D'N BERG

Ericaweg 6, Venlo
Thurs: 10.00 to 12.00

JONGEREN SERVICE PUNT

Parade 90, Venlo
Tues-Wed-Thurs: 14:00 to 17:00

DE WITTE KERK

Agnes Huijnstraat 3, Venlo
Mon and Wed: 9:00 to 12:00

BOULEVARD HAZENKAMP

Albert Verweystraat 6, Blerick
Tues and Fri: 09:00 to 12:00

DE ZUIDPILAAR

Reigerstraat 2, Venlo
Wed: 9:00 to 12:00

TEGELS INFORMATIE PUNT

Kerkstraat 2a, Tegelen
Mon and Thurs: 14:00 to 17:00
Wed: 10:00 to 12:00